

WINTER TRAINING SCHEDULE

TRAINING DATES, TIMES AND LOCATIONS ARE SUBJECT TO CHANGE
BASED ON WEATHER AND ANY POTENTIAL COVID RESTRICTIONS

CENTRAL - Kernersville/High Point Based Teams

Teams: 10 - 07 (11U - 14U) Boys and Girls Gold and Silver teams
Dates: Thursdays - Dec 3, Dec 10, Jan 7, Jan 14
Location: Proehlific Park, 4517 Jessup Grove Rd, Gboro or Hartley Drive YMCA, 150 W Hartley Dr, High Point
Time: Between 5:00 - 8:00pm
Contact: Eduardo Ulloa eulloa@ncfusion.org

SPECIFIC LOCATION AND TIME WILL BE COMMUNICATED CLOSER TO THE START DATE

EAST - Greensboro Based Teams

Teams: Jr Academy Red, 10 (11U) & 09 (12U) Boys and Girls Gold, Silver, Bronze teams
Dates: Thursdays - Dec 3, Dec 10, Jan 7, Jan 14
Location: Greensboro SportsPlex, 2400 Sixteenth St, Gboro or Proehlific Park, 4517 Jessup Grove Rd, Gboro
Time: Between 5:00 - 8:00pm
Contact: Liam Brown lbrown@ncfusion.org

Teams: 08 (13U) & 07 (14U) Girls Gold, Silver, Bronze teams and 08 - 02 (13U-19U) Boys Gold, Silver, Bronze teams
Dates: Tuesdays - Dec 1, Dec 8, Jan 5, Jan 12
Location: Gboro SportsPlex, 2400 Sixteenth St, Gboro or Proehlific Park, 4517 Jessup Grove Rd, Gboro
Time: Between 5:00 - 8:00pm
Contact: Kiley Cirillo kcirillo@ncfusion.org

SPECIFIC LOCATION AND TIME WILL BE COMMUNICATED CLOSER TO THE START DATE

WEST - Winston Salem Based Teams

Teams: Jr Academy Red, 10 (11U) & 09 (12U) Boys and Girls Gold and Silver teams
Dates: Thursdays - Dec 3, Dec 10, Jan 7, Jan 14
Location: WS SportsPlex, 7620 Phoenix Dr, WS or Truist Sports Park, 428 Twins Way, Bermuda Run
Time: Between 5:00 - 8:00pm
Contact: Patrick Bridges pbridges@ncfusion.org

Teams: 08 (13U) & 07 (14U) Girls Gold, Silver, Bronze teams and 08 - 02 (13U-19U) Boys Gold, Silver, Bronze teams
Dates: Tuesdays - Dec 1, Dec 8, Jan 5, Jan 12
Location: WS SportsPlex, 7620 Phoenix Dr, WS or Truist Sports Park, 428 Twins Way, Bermuda Run
Time: Between 5:00 - 8:00pm
Contact: Mike Reilly mreilly@ncfusion.org

SPECIFIC LOCATION AND TIME WILL BE COMMUNICATED CLOSER TO THE START DATE